

**A free daytime course
for parent/carers of children
aged 5-14**

**Run by specialist
ADHD/Autism Trainers
from ADD-vance**



Time Out for ADHD & Autism

**This 6-week course is designed to meet the needs of parent/carers and
to help them build on existing skills in supporting their
children with ADHD and Autism**

**Mondays 10am - 12pm
on
15th, 22nd, 29th January,
5th, 19th, 26th February 2018
(all sessions must be attended)
at
Bedwell Community Centre
Bedwell Crescent
Stevenage
SG1 1NA**

**For bookings, please email bookings@add-vance.org for a booking form
Please note, this course is only open to Hertfordshire residents
Places are limited and this course is always popular and oversubscribed,
so please do book early to avoid disappointment**

ADD-vance

**The ADD-vance ADHD and Autism Trust
Working to support people with ADHD and Autism in Hertfordshire**

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