



Time Out for ADHD and ASD

A free evening course for parents/carers of children aged 5-14
run by Specialist ADHD/ASD Trainers from

ADD-vance

This 6-week course is designed to meet the needs of
parents/carers and to help them build on existing skills in
supporting their children with ADHD and ASD.

Tuesdays 7 pm – 9 pm
21st, 28th March, 18th, 25th April, 2nd,
9th May 2017

(all sessions must be attended)

At

**Hitchin Youth Trust,
111 Walsworth Road,
Hitchin,
Herts. SG4 9SP.**

For bookings or for more information about the course, please complete
the application on our web site www.add-vance.org

Please note that this course is only open to Hertfordshire residents

Places are limited and this course is always popular and oversubscribed
so please book early to avoid disappointment

