



# Time Out for ADHD and ASD

A free course for parents/carers of children aged 5-14  
run by Specialist ADHD/ASD Trainers from

## **ADD-vance**

This 6-week course is designed to meet the needs of  
parents/carers and to help them build on existing skills in  
supporting their children with ADHD and ASD.

**Thursdays 10.00am – 12.00pm**  
**23<sup>rd</sup>, 30<sup>th</sup> March, 20<sup>th</sup>, 27<sup>th</sup> April, 4<sup>th</sup>,**  
**11<sup>th</sup> May 2017**  
**(all sessions must be attended)**

**At**  
**Andrews Lane Primary School,**  
**Andrews Lane,**  
**Cheshunt,**  
**EN7 6LB**

For bookings or for more information about the course, please complete  
the application on our web site [www.add-vance.org](http://www.add-vance.org)

Please note that this course is only open to Hertfordshire residents

Places are limited and this course is always popular and oversubscribed  
so please book early to avoid disappointment

