

# **ADD-vance**

## **Understanding ADHD For Parent/Carers**



Do you have a child with ADHD?

This introductory workshop is aimed at Parent/Carers of children with a recent diagnosis of ADHD, or those awaiting diagnosis. This workshop is not relevant to anyone having attended ADD-vance ADHD training previously.

**9.30am – 12.00pm**  
**Friday 23<sup>rd</sup> June 2017**

**Hertfordshire Sports Village**  
**Hertfordshire University**  
**De Havilland Campus**  
**Hatfield Business Park**  
**Hatfield**  
**AL10 9EU**

Tickets cost £22.00 per person. To book please follow this link to Eventbrite: <https://www.eventbrite.co.uk/o/the-add-vance-adhd-and-autism-trust-14054405963>

If you have any queries please email [tickets@add-vance.org](mailto:tickets@add-vance.org)  
Places are limited – please book early to avoid disappointment!  
Ticket price includes light refreshments, workshop learning pack, free parking and free use of the Herts Sports Village gym and swimming pool facilities on the day.

The ADD-vance ADHD and Autism Trust, Foundation House, 2-4 Forum Place, Fiddlbridge Lane, Hatfield, Hertfordshire, AL10 0RN Registered Charity No: 1158968 (Tel: 01727 833963).

[www.add-vance.org](http://www.add-vance.org)

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## Understanding ADHD for Parent/Carers

### Who is this workshop for?

Parent/Carers of children with a recent diagnosis of ADHD, or those awaiting diagnosis. This workshop is not relevant to anyone having attended ADD-vance ADHD training previously.

### What are the Learning Outcomes?

The workshop is designed to help parent/carers

- Understand what is ADHD
- Explore sensory processing difficulties
- Recognise the diagnostic criteria for ADHD
- Identify some strengths and difficulties faced by a child with ADHD
- Discover some top tips for managing behaviour at home

### What methods will be used at the workshop?

Presentation, video clips and small group work

### What will be provided?

- Light refreshments
- Workshop learning pack
- Free use of the gym facilities at Hertfordshire Sports Village on the day of the workshop.
- Free swim at Hertfordshire Sports village on the day of the workshop.
- Free parking

### When and where will the workshops take place?

Members Lounge, Hertfordshire Sports Village, Hertfordshire University, De Havilland Campus, Hatfield Business Park, Hatfield, AL10 9EU

### How do I book a place?

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If you have any queries please email [tickets@add-vance.org](mailto:tickets@add-vance.org)

Your place will be confirmed via email along with your parking permit.

### Cancellation Policy

Costs will not usually be refunded unless the place can be filled by someone from the waiting list.

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